COVID-19

Si tu as des symptômes, appelle
1-877-644-4545
sans frais

SYMPTÔMES

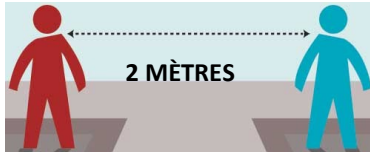
Difficulté à respirer

Fièvre

Toux

AVEC DU SAVON
PENDANT 20 SECONDES
LE PLUS SOUVENT POSSIBLE

GARDE TES DISTANCES



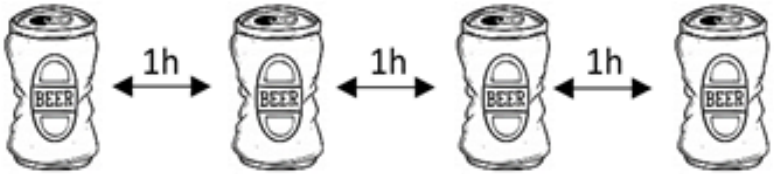
NETTOIE TES OBJETS
LE PLUS SOUVENT POSSIBLE

FAIS DES PROVISIONS

TOUSSE DANS TON COUDE

NE PARTAGE PAS

SI PÉNURIE ALCOOL, POUR ÉVITER D'ÊTRE MALADE



1 petite bière, 1/2 tasse de vin ou 1.5 oz de rhum chaque heure

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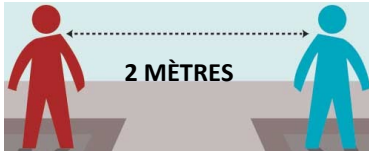

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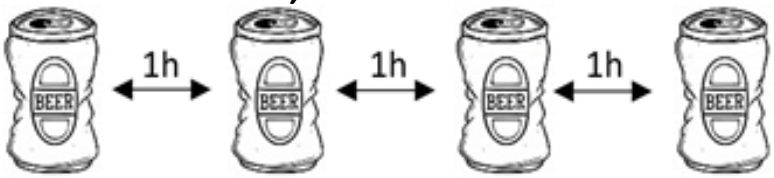

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Toll-free

SYMPTOMS

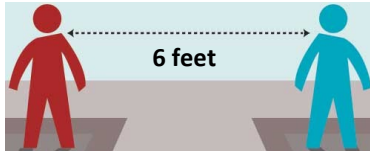
Difficulty to breath

Fever

Cough

WITH SOAP FOR 20 SECONDS AS OFTEN AS YOU CAN

KEEP YOUR DISTANCE



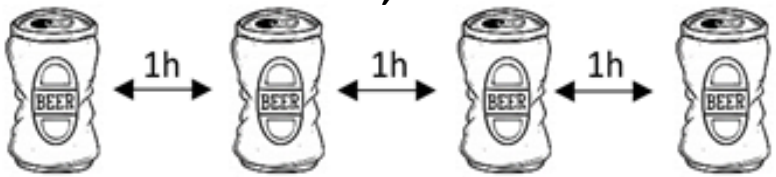
CLEAN YOUR ITEMS AS OFTEN AS YOU CAN

MAKE PROVISIONS

COUGH IN YOUR ELBOW

DO NOT SHARE

IF ALCOHOL SHORTAGE, TO AVOID BEING SICK



1 small beer, 1/2 cup of wine or 1.5 oz or rhum every hour

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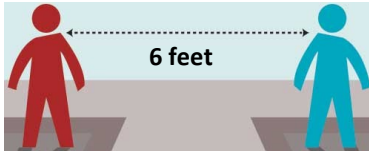

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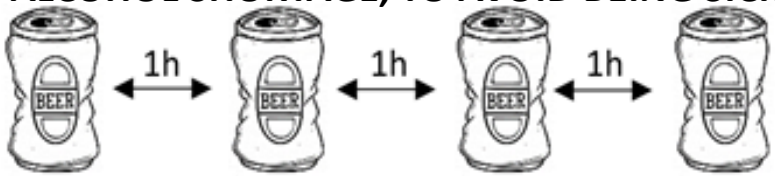

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