

Who we are...

The Native Addictions Council of Manitoba (NACM) has provided In-house Healing and outreach addictions treatment programs since 1972. The creation of NACM was a result of a tragic, alcohol related accident on May 10, 1968 on Highway 59, south of Brokenhead, Manitoba. This accident claimed 9 lives and left 33 children orphaned.

Guided by the Seven Sacred Teachings of Love, Respect, Courage, Honesty, Wisdom, Humility, and Truth and in light of recent activities in Canada, we have chosen to decolonize our language. We no longer refer to those in our programs as "clients" or "patients" - the root of those words is disempowerment. NACM works in a strength-based way and as Indigenous People, we know what our communities and families need. Therefore, with respect for the individuals and families we work with, our language will change from "clients" and "patients" to "relatives", "participants", and "applicants".

The work we do with Indigenous communities is to empower individuals on their journey of healing and recovery from addictions. We honour our Indigenous relatives and walk along side them through their healing journey with kindness, love, respect and empowerment.

Indigenous Language and culture are key to our relatives sense of self-identity. We support the reclamation and strengthening of Indigenous Languages & Culture through our Elders, Knowledge Keepers and Shkabe (helpers), who play an essential role in the healing journeys of our relatives and in the direction, growth and wellness of the Native Addictions Council of Manitoba. By providing and participating in ceremony, it allows us to invest in our future generations by passing down these traditional teachings. We know that providing Indigenous people with a connection to learning and healing will ultimately assist them in dealing with future challenges and obstacles.



NACM Vision

Healing of our mind, body, and spirit for our future Generations

NACM Mission

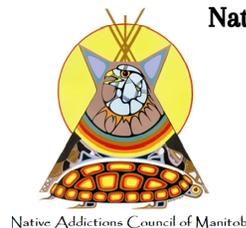
NACM provides healing of addictions through traditional Indigenous practices. The belief of NACM is that our relatives have a right to healing, safety, growth, and wellness.

Support

If you, or someone you know, is working through the challenges of addictions, please reach out to us at 204-586-8395.

We're here to help you.

We welcome all people who need support in their recovery and road to sobriety.



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Native Addictions Council of Manitoba



Ceremony is Harm Reduction

In-house Healing Program

This program is offered Monday to Friday.

The In-house Healing Program is offered on a 5-week cycle which focuses on Traditional Indigenous Practices and is a program of Discovery and Empowerment.



Traditional Indigenous Healing Practices offered:

- Daily Smudge and prayer
- Sharing Circles
- Ceremonies: Welcoming Ceremony, Calling Back the Spirit, Blanket Ceremony, Circle of Life Teachings, Ribbon Skirts and Shirts making, Sacred Items and Bundles.
- Knowledge Keeper & Elder teachings
- Sweat Lodge Ceremony
- Land Based Learning: Harvesting medicines, walks, crafts and activities.

Recovery and Follow-up Care Program

This program is offered Monday to Friday.

Upon successful completion of the 5-week In-house Healing Program and/or completion of any other addiction treatment program (within a six-month period), you can register for our Recovery and Follow-up Care Program.

Recovery and Follow-up Care builds capacity in our Relatives with:

- support
- one-on-one counselling
- sharing circles
- SMART RECOVERY Group sessions

SMART RECOVERY is abstinence-oriented and focuses on learning, coping skills, self-awareness and change for short and long term recovery.

At the core of the Recovery and Follow-up Program you will find Traditional Indigenous Practices and Land-Based activities.

We welcome all others that need additional supports in their recovery and road to sobriety.

Self-referral is encouraged.



Land Based Healing

The land is a healer. The land is a teacher.

NACM is proud to own 51 Acres of land in the R.M. of Brokenhead, MB.

Being on the land gives us the space we need to conduct ceremony, harvest medicines, learn about Indigenous ways of being and to practice reciprocity by giving back to the land.

Relatives of NACM will be immersed in Traditional Indigenous Ceremonies, Language, and Teachings. through being on the land utilizing tools, equipment and teamwork. Relatives have the opportunity to build on their capacities and utilize their natural skills to assist in creating a safe, welcoming and healing space for our future generations.

Harvesting Traditional Medicines

Relatives learn how to harvest traditional medicines by offering tobacco, receiving teachings about the medicines being harvested, how to clean them and how to use the medicines in their daily lives.

